



Make Your Own Nature Notebook!

Every naturalist needs a place to keep observations. Make your own notebook with materials from home. Fill it with drawings and notes related to your favorite parts of nature. Be creative!

Materials Needed

- 2 pieces of thin cardboard, blank on one side (cereal/frozen food/cracker box)
- 10 sheets of paper (ideally white - can be blank/graph/lined)
- 1 stick (about 1/4" wide and the same length as the height of your cardboard pieces)
- 1 long rubber band (or two twist ties or pieces of yarn)
- Hole punch or scissors (or anything you can use to make holes in the cardboard and paper)



How to Make Your Notebook

1. Cut the cardboard and paper to the same size. You get to decide how big your notebook is based on the materials you have! (Have a grown-up help you with cutting if it's tricky. And the pieces don't have to be perfect!).
2. Place the paper between the two pieces of cardboard, with the blank sides of the cardboard facing out (these are your covers).
3. Use a hole punch or scissors to make 2 holes in the covers and paper. They should be roughly 1" from the top and bottom and 1/4" from the edge.
4. Place the stick on the front cover on top of the two holes at the edge.
5. Push one end of the rubber band through the top hole from the back to the front and loop it over the top end of the stick. Repeat with the other end of the rubber band, pushes it through hole at the bottom from the back to the front and looping over the bottom end of the stick. (If you're using twist ties or yarn instead of a rubber band, push the end of one piece through the top hole, around the top of the stick and then twist or tie the ends together, repeat on the bottom.)
6. Ta Da! Your notebook is ready! Put your name on the front and decorate however you like. Use the inside for your nature observations.

