

WOMEN'S MODIFIED RULES – Olympia Parks, Arts and Recreation (5/5/2016)

PLAYERS:

Number of Players: Seven players per team on the field (six field players, one goalkeeper). Teams need a minimum of 5 players to compete.

Roster: All players must be registered on their team's roster prior to participating in any games. The last date to sign the roster will be May 21st

A waiver must be signed by a parent for all players under 18 years of age. Waivers will be available at the field. Players must be at least 14 years old to play, and players under 16 must have a parent stay at the field.

FIELD OF PLAY:

Fields Dimensions: Fields will be approximately 50 yards wide x 65 yards long with modified size goals (approximately 6.5 feet high and 20 feet across) and 10 yard goalkeeper arc.

Games shall be played in accordance to FIFA Laws of the Game with the following modifications:

No offside and No slide tackling

Play will start at scheduled time if both teams can field the minimum five players (5 minute grace period otherwise). If the game starts late, we will reduce halftime or possibly game time to make sure it ends on time. Failure to have five eligible players on the field and ready to play is automatic forfeit. If neither team has enough players it is a double forfeit. If a team borrows players to field a complete team, they will be given the loss. Two, 25 minute halves; 5 minute half-time

No Jewelry allowed during the matches. Rings that cannot be removed must be taped.

Goalkeeper Restrictions: All goal kicks and goalkeeper punts and throws may not cross midfield in the air. If the ball crosses midfield before it either touches the ground or a player, an indirect free kick at the point the ball crossed midfield will be awarded to the opposing team.

*If a goalkeeper plays the ball on the ground with their feet without picking it up, they are considered a field player and there are no kick restrictions

Goal kicks: May be taken from ANY point inside the goal arc.

Kick Off: All kick offs are indirect kicks taken from the center line and may be played in ANY direction.

Free kicks: All free kicks awarded as a result of a foul are indirect.

Penalty kicks: There will be no penalty kicks awarded, instead the ball shall be placed approximately ten yards from the goal line within the vicinity of the penalty and it will be an indirect kick.

Substitutions: All field player substitutions may be made on the fly. The player exiting the field may not play the ball once the substituted player has entered the field of play.

Behavior: Our field supervisor has the right to eject players from the field. If a player is ejected, they will automatically be suspended for the next scheduled game. It is a rec league, be chill to each other.